

Gup	Belt	Belt	Hand Techniques	Kicking Techniques	Self Defence	Form	Weapons
10 th	White Belt		1 – Soo do defence and punch to face 2 – Step 45, Punch, Soo do defence and punch to face	1 – Front Kick to Head 2 – Hop, Front kick	1 – Front Neck Grab	Kee Cho Hyung IL Bu Kee Cho Hyung Ee Bu	N/A